

# Which PrEP medication is best for me?



Two different medications are now FDA-approved for PrEP: Truvada and Descovy\*. Here is how these medications compare.

	TRUVADA	DESCOVY
<b>Effectiveness</b>	>99% effective	
<b>Safety: general</b>	Both medicines have very low rates of side effects overall.	
<b>Cost &amp; affordability</b>	Same cost; assistance programs available to cover costs of co-pays and medical care	
<b>Regimen</b>	Daily use & PrEP 2-1-1	Daily use (Although Descovy for PrEP 2-1-1 is being studied, there is inadequate clinical data to support this regimen now)
<b>Show to be effective for</b>	<b>Everyone, including:</b> Gay & bisexual cis men Trans women Trans men Cis women Heterosexuals People who inject drugs	<b>Only:</b> Gay & bisexual cis men Trans women (No clinical data to support use in people who may be exposed to HIV through vaginal sex or injection drug users)
<b>Bone health</b>	People with osteoporosis should avoid	Safer to take with osteoporosis
<b>Kidney health</b>	People with existing kidney issues or a strong family history of kidney disease should avoid	Safer to take with existing kidney issues or a strong family history of kidney disease, though monitoring still recommended
<b>Weight gain &amp; cholesterol</b>	Small degree of weight loss and small decreases in LDL in some studies	Small degree of weight gain in some studies

**Pill size**  
(actual size)



\*Truvada (F/TDF), Descovy (F/TAF)