March 30 Update on COVID-19 & the City’s Response

GTZ-SF will be updating you with some facts on COVID-19 and reminders of how to keep safe, updates on the City’s response and links to resources that may be useful.

This is Day 13 of the city-wide “shelter in place” order effective from March 17. As of 9 a.m., the number of confirmed positive cases in San Francisco has increased to 374 and 6 deaths. In a press conference today, San Francisco Mayor London Breed confirmed that the shelter-in-place order in effect for the Bay Area will be extended until at least May 1. She said public health officers for the nine regional counties would release additional information about the extension on Tuesday.

Today, Gov. Newsom announced the launch of the California Health Corps - [https://covid19.ca.gov.healthcorps/](https://covid19.ca.gov.healthcorps/). California is preparing for an increase in the number of people who urgently need health care in our communities during the COVID-19 outbreak. The State of CA is calling on healthcare providers, behavioral health professionals, and health care administrators to register today.

On Friday the City announced a plan to create more social distance at the City’s shelters and Navigation Centers by opening a new shelter at Moscone Center West. The new facility at Moscone West will open this week and will operate throughout the duration of the public health emergency. Read the press release from the Mayor’s Office [here](#).

- This plan will allow the City to relocate some people who are currently in shelters and Navigation Centers to Moscone West, where they will continue to have access to meals, showers and hygiene products, and case management provided by the City and non-profit providers
- Referrals to transfer people into Moscone West will come from the Department of Homelessness and Supportive Housing (HSH) in consultation with the Department of Public Health (DPH).

SDFPH remains focused on ensuring there are enough hospital beds available in San Francisco to treat patients with COVID-19. Thus, the City has prioritized securing hotel rooms to allow the hospital system to discharge individuals who cannot self-quarantine or isolate who 1) have tested positive for COVID-19 or 2) who are under investigation (PUIs), who no longer need to be hospitalized but do not have housing available to self-quarantine.

Some noted SF & CA State service updates

- Muni Metro has stopped service and will be replaced by buses as of this morning. Visit the SFMTA website for Muni Metro Bus substitutions and more detailed information - [https://www.sfmta.com/travel-updates/temporary-service-changes-starting-march-30-2020](https://www.sfmta.com/travel-updates/temporary-service-changes-starting-march-30-2020)
- San Francisco school officials announced that school meals will only be available Mondays and Wednesdays from 11 a.m. to noon rather than every day. The change means families will venture out less frequently for food, but will receive the same amount as before. SFUSD will provide free meals to all children during the school closure. Click [here](#) for sites in San Francisco. Multiple days worth of food will be provided. Visit [sfusd.edu/schoolfood](https://sfusd.edu/schoolfood) for more information
- CA Department of Parks and Recreation has closed vehicle access at all 280 state parks. For more information on closures, open parks and social/ physical distancing resources, please visit [parks.ca.gov/FlattenTheCurve](https://parks.ca.gov/FlattenTheCurve)
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Here is a link to a list of Relief Funds for Undocumented Workers in California: https://legalaidatwork.org/blog/relief-funds/ to assist undocumented workers who have lost their jobs or income as a result of the Coronavirus outbreak. Alternative view: https://docs.google.com/document/d/1IsPLuHoYK6ec7Gzxaw0i7On-NT1Z9IEj/preview

Resources referenced above
3 List of Emotional and Mental Support Services Available
4 SF Department of Public Health website reporting new cases and deaths at https://www.sfdph.org/dph/alerts/coronavirus.asp. Please note, these numbers may not accurately reflect the actual number of cases due to limited testing and asymptomatic cases.
5 Previously posted GTZ COVID-19 Updates here.

Communications from City & County of San Francisco

- Guidance for essential businesses that remain open to the public under the City’s Public Health Order to help protect employee health, reduce crowding at essential businesses, and help keep highly trafficked spaces clean.
- Prioritized COVID-19 testing for critical first responders and health care workers who are essential to the City’s response to the COVID-19 pandemic. Learn more here.
- Schools will reopen in Alameda, Contra Costa, Marin, San Francisco, San Mateo and Santa Clara counties on Monday, May 4. Visit the SFUSD website to read the press release here.
- Trans care during COVID-19: Caring for ourselves is caring for our community, read the letter here.
- The San Francisco Recreation and Park Department will also expand their emergency care program to provide child care for additional essential employees. This is part of the City’s efforts to support essential workers during the COVID-19 pandemic. Link to details here.
- Executive Order imposing a temporary moratorium on eviction for non-payment of rent by residential tenants directly impacted by the novel coronavirus crisis. For more information and guidance for tenants and landlords: https://sf.gov/news/about-citys-temporary-moratorium-evictions
- Link to Public Health Order prohibiting routine procedures and elective surgeries, permitting counseling and other appointments to occur remotely, permitting in-person essential appointments if the provider screens the patient and follows social distancing is here.
- March 17 Press Release re expedited hiring of health care professionals is here.
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- March 16 Press Release re “shelter in place”: [here](#)

**Other resources**

Kaiser Permanente COVID-19 website link: [https://mydoctor.kaiserpermanente.org/covid-19/](https://mydoctor.kaiserpermanente.org/covid-19/)

East Bay Getting to Zero has a hub of resources on COVID-19 for people living with HIV and providers with links to updates for Alameda, Solano and Contra Costa Counties here - [https://www.ebgtz.org/update/covid-19/](https://www.ebgtz.org/update/covid-19/).

Collected resources from SF HIV FOG:
[https://drive.google.com/drive/folders/171m9_bfUKPXEhgygRzW2wlQLHG8GHRC?usp=sharing](https://drive.google.com/drive/folders/171m9_bfUKPXEhgygRzW2wlQLHG8GHRC?usp=sharing)

**If you are interested in joining the SF HIV Frontline Workers List, please send an email to SFHIVFOG@gmail.com. You’re welcome to join!**

Emotional/Mental Support Services *(resources listed in SF Chronicle article [here](#))*:

- [Felton Institute San Francisco Suicide Prevention](#) provides a 24-hour hotline for people experiencing mental health crises. 415-781-0500.
- [Institute on Aging](#) offers a 24-hour friendship line for people 60 years and older, adults with disabilities and those feeling isolated. 800-971-0016.
- [Mental Health Association of San Francisco](#) has a 24-hour peer-run line for nonemergency emotional support. 855-845-7415.
- [Headspace](#) meditation app has a library of guided meditations.
- [Ten Percent Happier](#) app offers guided meditations, coronavirus-focused sessions (free of charge) and a daily virus-focused livestream and Q&A.
- [Virus Anxiety](#) website ([www.virusanxiety.com](http://www.virusanxiety.com)) has daily mantras, write-in mental health questions and calming online distractions.

For information from the CA Department of Public Health: [www.cdph.ca.gov/covid19](http://www.cdph.ca.gov/covid19); [https://www.cdph.ca.gov/Programs/CID/DOA/CDPH%20Document%20Library/COVID19forHIVPoz_ADA.pdf](https://www.cdph.ca.gov/Programs/CID/DOA/CDPH%20Document%20Library/COVID19forHIVPoz_ADA.pdf)


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