

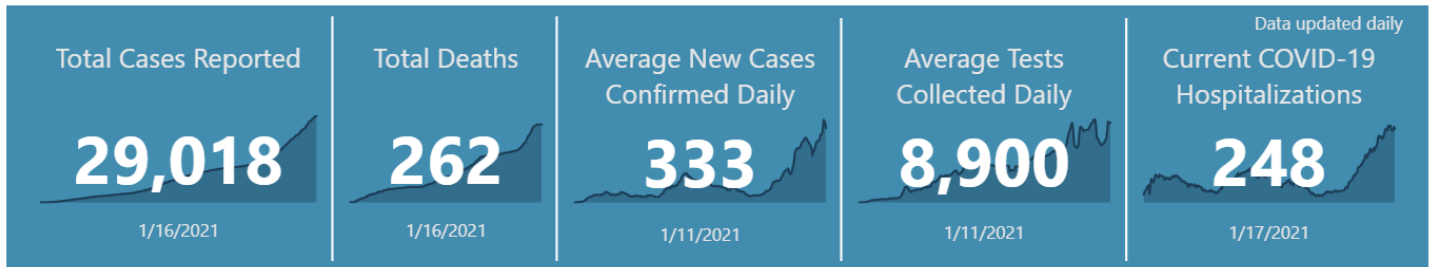


Update on COVID-19 & the City's Response, January 19

GTZ-SF will be updating you with some facts on COVID-19 and reminders of how to keep safe, updates on the City's response and links to resources that may be useful.

Previously posted GTZ COVID-19 Updates [here](#)

Latest from [Data SF COVID-19 Data Tracker](#)



Upcoming Virtual Event * Mark Your Calendar!

GETTING TO ZERO SAN FRANCISCO VIRTUAL MEETING SERIES

HIV & COVID-19 : Fact Checking & SF's Vaccination Plan

Thursday, January 28 @ 5pm

We hope to see you on **Thursday, January 28, at 5pm!** We'll have a review of the latest literature on COVID-19 for living with HIV, a short primer on vaccines and rationale for people living with HIV to be vaccinated, and we'll learn more about the City's COVID-19 vaccine rollout plan. And there will be time for discussion and Q&A! Please register [here](#) for the event and please feel free to share with your networks!

Visit these links for SFPD updates on COVID vaccines:

- [Myth vs. Fact](#) →
- The City has posted a **COVID-19 Vaccine FAQ** to sf.gov here - <https://sf.gov/sites/default/files/2021-01/VaccineFAQs-011321-v2.pdf>!
- SF.gov <https://sf.gov/information/about-covid-19-vaccines>
- Read here [The COVID-19 Vaccination Plan for the City and County of San Francisco](#) (PDF)

And UNAIDS recently shared an infosheet on **COVID-19 Vaccines and HIV** [here](#).

COVID-19 Vaccine: Myth vs. Fact

Myth: COVID-19 vaccines will give you COVID-19.

Fact: You cannot get COVID-19 from the vaccine. Vaccines do not contain any live or dead virus in it.

Myth: If you already had COVID-19, you do not need the vaccine.

Fact: Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, people may be advised to get a COVID-19 vaccine even if they have been sick with COVID-19 before.

At this time, we do not know how long someone is protected from COVID-19 after being sick. The immunity someone gains from having an infection, called natural immunity, varies from person to person. So far, reinfection has been rare.

Myth: Receiving vaccine will alter your DNA.

Fact: The COVID-19 vaccine has mRNA in it and is not able to change a person's genetic makeup (DNA). The vaccine never enters the nucleus of the cell, which is where our DNA is kept. This means the vaccine does not affect or interact with our DNA in any way.

Myth: The COVID-19 vaccine was developed as a way to control the general population either through microchip tracking or nano transducers in our brains.

Fact: There is no vaccine "microchip" and the vaccine will not track people or gather personal information into a database.

Below are **quick links to tip sheets** on how to stay safer during the COVID-19 pandemic (all are [here](#))

- [Tip Sheet for Safer Social Interactions During COVID-19 Pandemic](#)
- [Tip Sheet for Safer Sex During the COVID-19 Pandemic](#) (Link [here](#) to SF City Clinic)
- [Safer Holiday Celebrations During the COVID-19 Pandemic](#)
- [Guidance for Outdoor Playgrounds](#)
- Youth Services During COVID-19 - <https://sf.gov/covid19youthservices>

Do you think you have [symptoms of COVID-19](#)? Please contact your SF healthcare provider to get tested. If you don't have insurance you can get tested at locations listed here: <http://sf.gov/gettestedsf>.

- Here are links to free COVID-19 testing sites in surrounding counties: [Alameda County](#), [Contra Costa County](#) and [Solano County](#).

Do you know what to do if you live with, or had close contact with, someone who has COVID-19? Please visit sf.gov/quarantining-covid-19 for information and assistance. Updated 1/15/21 [guidance](#).

Are you looking to connect with others, seeking virtual support groups or looking for educational/training opportunities happening this month? Click the links below for meetings & workshops happening around San Francisco.

SF AIDS Foundation:
Calendar of Virtual & In
Person Meetings,
Workshops and Other
Events

PRC: Calendar of
Virtual & In Person
Meetings, Workshops
and Other Events

**SF Community Health
Center:** Calendar of Virtual
& In Person Meetings,
Workshops and Other Events

The Dope Project:
[Citywide](#) Naloxone/Narcan
& Harm Reduction
Supply Schedule

HIV, STI, and hepatitis C testing, prevention, treatment, and monitoring services are ESSENTIAL and should be PRIORITIZED during the COVID-19 pandemic. The Getting to Zero SF Consortium supports the SF Department of Public Health in affirming this prioritization. Read the statement [here](#) with links to resources.
