

Update on COVID-19 & the City's Response, January 8

GTZ-SF will be updating you with some facts on COVID-19 and reminders of how to keep safe, updates on the City's response and links to resources that may be useful.

Previously posted GTZ COVID-19 Updates <u>here</u>

Latest from <u>Data SF COVID-19 Data Tracker</u>



Are you looking to connect with others, seeking virtual support groups or looking for educational/training opportunities happening this month? Click the links below for meetings & workshops happening around San Francisco.

SF AIDS Foundation:
Calendar of Virtual & In
Person Meetings,
Workshops and Other

Events

PRC: Calendar of Virtual & In Person Meetings, Workshops and Other Events SF Community Health
Center: Calendar of Virtual
& In Person Meetings,
Workshops and Other Events

The Dope Project:
Citywide Naloxone/Narcan
& Samp; Harm Reduction
Supply Schedule

HIV, STI, and hepatitis C testing, prevention, treatment, and monitoring services are ESSENTIAL and should be PRIORITIZED during the COVID-19 pandemic. The Getting to Zero SF Consortium supports the SF Department of Public Health in affirming this prioritization. Read the statement here with links to resources.

Here is a link to Youth Services During COVID-19 - https://sf.gov/covid19youthservices

Quick links to tip sheets on how to stay safer during the COVID-19 pandemic (all are here)

- Tip Sheet for Safer Social Interactions During COVID-19 Pandemic
- <u>Tip Sheet for Safer Sex During the COVID-19 Pandemic</u> (Link <u>here</u> to SF City Clinic)
- Safer Holiday Celebrations During the COVID-19 Pandemic
- Guidance for Outdoor Playgrounds

The City announced an extension of the public health order implemented on December 17th that places a mandatory quarantine of 10 days on anyone traveling, moving, or returning to San Francisco from anywhere outside the Bay Area and discouraging any non-essential travel. Please see the full press release here.

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http://CAnotify.ca.gov!

Do you think you have symptoms of COVID-19?

Please contact your SF healthcare provider to get tested. If you <u>don't</u> have insurance you can get tested at locations listed here: http://sf.gov/gettestedsf.

 Here are links to free COVID-19 testing sites in surrounding counties: <u>Alameda County</u>, <u>Contra Costa</u> <u>County</u> and <u>Solano County</u>.

Do you know what to do if you live with, or had close contact with, someone who has COVID-19? Please visit sf.gov/quarantining-covid-19 for information and assistance.

If you would like to receive **COVID-19 exposure notifications on your phone** and to learn when you have been in contact with someone who tested positive for COVID-19, sign up for

Do you want to help San Francisco respond to the COVID-19 emergency? Volunteer opportunities are available for people with public health, medical, clinical and many other skills.

Information about the State's **Vaccinate All 58**Plan is here - https://covid19.ca.gov/vaccines/
*Recommendations for Moving Through Vaccine Phases and Tiers, January 7, 2021

To learn about COVID vaccines and **the City's vaccination rollout plan**, visit https://sf.gov/information/about-covid-19-vaccines and read here The COVID-19 Francisco (PDF).

h/t Mayor <u>@LondonBreed</u>: This article is a good explainer. **San Francisco's Vaccine Rollout Gradually Picks Up Speed**

(https://www.publiccommentsf.com/post/san-francisco-s-vaccine-rollout-gradually-picks-up-speed)

In the meantime, "while experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to us to help stop this pandemic,

Know the Facts



Californians have made extraordinary sacrifices to help slow the spread of COVID-19. Help is on the way as the state begins its rollout of safe and effective COVID-19 vaccine. Now the work begins to Vaccinate All 58. Together, we can end the pandemic – in all of California's 58 counties.

COVID-19 Vaccine is Here

- COVID-19 vaccine for California is here it is
- California is receiving shipments of COVID-19 vaccines produced by Pfizer-BioNTech and Moderna. Health care workers and residents in long-term care will be the first to be vaccinated.
- California is working closely with community partners and stakeholders to help guide the planning process and ensure the vaccine is distributed and administered equitably.
- California is committed to a fair and equitable allocation and distribution process. No one should bypass the established vaccine allocation and distribution process.
- Individuals with the highest risk of becoming infected and spreading COVID-19 will receive vaccines first. Later in 2021, most Californians wi have an opportunity to get vaccinated.
- Vaccines are available at no cost

COVID-19 Vaccine is Safe and Effective

- California has its own Scientific Safety Review Workgroup comprised of immunization, public health, academic and other experts who are vetting vaccine safety.
- The Scientific Safety Review Workgroup has confirmed that the Pfizer-BioNTech and Moderna vaccines have met high standards for safety and efficacy.
- About The Vaccines
- ► The Pfizer-BioNTech vaccine is approved for those 16 years and older, consists of two doses given 21 days apart, and is 95 percent effective against COVID-19.
- The Moderna vaccine is approved for those 18 years and older, consists of two doses given 28 days apart and is 94 percent effective against COVID-19.
- Sometimes vaccination can cause a sore arm, aches, fatigue or fever for a few days after getting the vaccine, but these are not harmful.
- Vaccinated individuals should keep wearing masks, washing hands and watching their distance until the vaccine has been widely distributed.

Remember, your actions continue to save lives. Wear a mask, wash your hands, keep your distance, and when it's your turn, get vaccinated.

For the latest facts, please visit covid19.ca.gov/vaccines.

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like wearing masks, washing hands often, and social distancing. Together, COVID-19 vaccination and recommendations for how to protect yourself and others will offer the best protection from getting and spreading COVID-19." (from https://sf.gov/information/about-covid-19-vaccines)

The State has established a <u>COVID-19 Community Vaccine Advisory Committee</u> (FAQ) to provide input and feedback to the planning efforts and resolving barriers to equitable vaccine implementation and decision-making. Meetings are conducted virtually and are **open to the public in a listen-only mode**. Future Meeting Dates:

- Wednesday, Jan 20, 2021 3:00 6:00 pm
- Wednesday, Feb 3, 2021 3:00 6:00 pm
- Wednesday, Feb 17, 2021 3:00 6:00 pm

Live stream via **YouTube**

For the latest edition of AVAC's **COVID News Brief**, please see: https://mailchi.mp/avac/covid-news-brief-the-news-you-need-to-know-t0x0typyiz?e=18bce159d1

UCSF Cross-campus Infectious Disease COVID-19 Task Force <u>Digests</u> with updates on epidemiology, testing, educational resources, ID research and FAQs on these topics

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