

### Update on COVID-19 & the City's Response, January 4

GTZ-SF will be updating you with some facts on COVID-19 and reminders of how to keep safe, updates on the City's response and links to resources that may be useful.

Previously posted GTZ COVID-19 Updates <u>here</u>

#### Latest from Data SF COVID-19 Data and Reports - San Francisco COVID-19 Data Tracker



On December 31, the City announced an extension beyond January 4th of the public health order implemented on December 17th that places a mandatory quarantine of 10 days on anyone traveling, moving, or returning to San Francisco from anywhere outside the Bay Area and discouraging any non-essential travel. "This extension is in response to the significant prevalence of the coronavirus throughout the State and Country, the need to protect our region's ability to provide intensive care for critically ill patients, and also protects against the spread of a new variant of the virus detected recently in the United Kingdom, Colorado, and California." Additionally, San Francisco extended its local Stay Safer at Home order implemented on December 3<sup>rd</sup>. The earliest the State could lift its Regional Stay at Home order for the Bay Area is January 7th. Please see the full press release here.

- The travel quarantine order strongly discourages non-essential travel of any kind and within any distance, including from one location to another within the Bay Area.
- It requires anyone who comes to San Francisco to quarantine for 10 days if they spent any time outside the following 9 Bay Area counties: San Mateo, Santa Clara, Alameda, Contra Costa, Solano, Sonoma, Napa, Marin and Santa Cruz. For a full list of exemptions visit www.sfcdcp.org/travel

**Do you think you have <u>symptoms of COVID-19</u>**? Please contact your SF healthcare provider to get tested. If you <u>don't</u> have insurance you can get tested at locations listed here: <a href="http://sf.gov/gettestedsf">http://sf.gov/gettestedsf</a>.

Here are links to free COVID-19 testing sites in surrounding counties: <u>Alameda County</u>, <u>Contra County</u> and <u>Solano County</u>.

Do you know what to do if you live with, or had close contact with, someone who has COVID-19? Please visit sf.gov/quarantining-covid-19 for information and assistance.

If you would like to receive **COVID-19 exposure notifications on your phone** and to learn when you have been in contact with someone who tested positive for COVID-19, sign up for <a href="http://CAnotify.ca.gov">http://CAnotify.ca.gov</a>!

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# The State has established a <u>COVID-19</u> <u>Community Vaccine Advisory Committee</u> (FAQ)

to provide input and feedback to the planning efforts and resolving barriers to equitable vaccine implementation and decision-making. Meetings are conducted virtually and are **open to the public in a listen-only mode**.

### The next meeting is <u>this</u> Wednesday, January 6,

**3:00 p.m. - 6:00 p.m. Live stream via** YouTube Future Meeting Dates:

- Wednesday, Jan 20, 2021 3:00 6:00 pm
- Wednesday, Feb 3, 2021 3:00 6:00 pm
- Wednesday, Feb 17, 2021 3:00 6:00 pm

Visit SFDPH's FAQ for more information about COVID vaccines and the City's plan <a href="https://sf.gov/information/about-covid-19-vaccines">https://sf.gov/information/about-covid-19-vaccines</a> and to read <a href="https://sf.gov/information/about-covid-19-vaccines">The COVID-19 Vaccination Plan for the City and County of San Francisco (PDF)</a>.

In the meantime, "while experts learn more about

the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to us to help stop this pandemic, like wearing masks, washing hands often, and social distancing. Together, COVID-19 vaccination and recommendations for <a href="https://sr.gov/information/about-covid-19-vaccines">how to protect yourself and others</a> will offer the best protection from getting and spreading COVID-19." (from <a href="https://sf.gov/information/about-covid-19-vaccines">https://sf.gov/information/about-covid-19-vaccines</a>)

### Are you looking for other local services?

- DEADLINE EXTENDED!! Lost your health insurance? Or you were already uninsured?
  Open enrollment lasts until Jan. 31.
  Apply now at <a href="https://coveredca.com/apply/">https://coveredca.com/apply/</a>
- PRC's Calendar of Tele Workshops & Support Groups, including Employment Services Program for People Living with HIV or Mental Health Disabilities – here for more information!

The Getting to Zero SF Consortium supports the SF Department of Public Health in affirming that services for testing, prevention, treatment, and monitoring of HIV, STIs, and hepatitis C are ESSENTIAL and should be PRIORITIZED during the COVID-19 pandemic. Read the statement here

with links to resources.

## WIDELY AVAILABLE LATER IN 2021

STAY INFORMED. KEEP WEARING YOUR MASK.

- Validated by the nation's top medical experts to be <u>safe</u> and effective
- Health care workers and residents in long-term care will be the first to be vaccinated
- Provided at no cost
- Phased distribution plan <u>based</u> on risk and level of exposure



Connect virtually with others in the community, here is a calendar of online gathers offered by the SFCHC - <a href="https://sfcommunityhealth.org/onlinecommunitygroups/">https://sfcommunityhealth.org/onlinecommunitygroups/</a>
 Check here - <a href="https://www.sfaf.org/calendar/">https://www.sfaf.org/calendar/</a>- for virtual meetings and events offered by the San

Francisco AIDS Foundation.

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